

Password Protection Guide

Use passphrases instead of one-word passwords.

Often 20-30 characters long, a passphrase is a series of words put together to serve as password. If carefully crafted, a passphrase can be more secure and easier to remember than common passwords.

Use a unique password for every account.

Do not reuse your passwords. Make sure that your all your passwords are totally different from one another.

Enable two-factor authentication.

Protect your accounts further by requiring first-time logins to enter a one-time code before your account becomes accessible. The code is normally sent to your mobile device, making it more difficult for an outsider to gain access to your account.

Feel free to invent your own phrases.

A carefully crafted passphrase should not be found in any quote or dictionary. Better yet, it should consist of words not existing in dictionaries but familiar to the user.

Use a password manager.

If remembering all your passwords tends to get overwhelming, you may want to use a password manager app. There are a lot of applications available for download for both iOS and Android users. Just remember to carefully craft the password for your password manager as well.

Change your passwords regularly.

Adopt the habit of changing your passwords on a regular basis. Do not wait for news of password leak or massive hacking before updating your passwords.