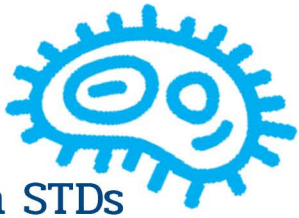
Sexually Transmitted Diseases

PROTECT YOURSELF & YOUR COLLEAGUES

What they are

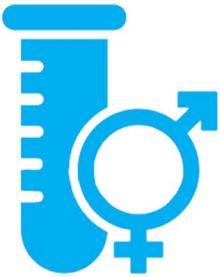


Sexually Trasmitted Diseases (STDs) are infectious diseases passed from person to person through sexual contact.

Common symptoms of common STDs



HIV | Influenza-like illness including fever, headache, rash or sore throat
HPV | Genital warts on the inside or outside areas of the genitals
CHLAMYDIA | Discharge and a burning feeling when urinating
GONORRHEA | Discharge and painful or difficult urination
GENITAL HERPES | Painful blisters or open sores in the genital area
SYPHILIS | Painless open sore on or on the skin around sexual organ; Can turn into a rash if untreated
CHANCROID | Ulcerative lesions on or around the genitals or swollen lymph nodes in the groin
LGV | Swollen lymph glands in the groin on one or both sides or an ulcer or sore on genitals or around the anus
GRANULOMA INGUINALE | Painless, progressive ulcerative lesions, sparing the regional lymph nodes
MOLLUSCUM CONTAGIOSUM | Small, raised, and usually white, pink, or flesh-colored lesions that may appear anywhere on the body
PUBIC LICE | Typically attached to hair in the pubic area or on coarse hair on the body
SCABIES | Intense itching and a pimple-like skin rash
TRICHOMONIASIS | **Men**: itching or irritation inside the penis; burning feeling after urination or ejaculation; discharge from the penis. **Women**: itching, burning, redness or soreness of the genitals; discomfort with urination; change in vaginal discharge
VAGINAL YEAST INFECTION | Vaginal itching or soreness, pain during sexual intercourse, pain or discomfort when urinating and abnormal vaginal discharge



Prevention Tips

- The most reliable way to avoid infection is to not have sex (i.e., anal, vaginal or oral).
- If it cannot be helped, reduce your number of sex partners.
- Practice mutual monogamy: Be sexually active with only one person who has agreed to be sexually active only with you.
- Use a condom every time you have anal, vaginal, or oral sex.
- Get tested.

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Sources: World Health Organization; Johns Hopkins Medicine; Centers for Disease Control and Prevention; National Health Service Scotland